

BOARD OF COUNTY COMMISSIONERS OF DOUGLAS COUNTY, KANSAS

WEDNESDAY, OCTOBER 18, 2017

2:30 p.m. Work Session – Discuss oversight of Community Corrections.

-Proclamation for “Employee Appreciation Week” in Douglas County

CONSENT AGENDA

- (1) (a) Consider approval of Commission Orders; and
- (b) Consider approval of Quarterly Budget Adjustment report for Community Corrections (Deborah Wright); and
- (c) Review and Approve 7th Judicial District FY2018 Reinvestment Grant Application and Review FY2018 Regional Collaboration Grant Information. (Weigand)

REGULAR AGENDA

- (2) (a) Consider approval of Accounts Payable (if necessary)
 - (b) Appointments
 - Board of Zoning Appeals (4) position 10/16
 - Building Code of Appeals Board (2) positions 12/16
 - Community Corrections Advisory Board (1) position resigned
 - (c) Public Comment
- (3) Adjourn

WEDNESDAY, OCTOBER 25, 2017 - canceled

WEDNESDAY, NOVEMBER 1, 2017

2:30 p.m. Work Session – Review material from previous work sessions on the status of various capital projects and various financing mechanisms.

WEDNESDAY, NOVEMBER 8, 2017

WEDNESDAY, NOVEMBER 15, 2017 – light agenda

WEDNESDAY, NOVEMBER 22, 2017 - canceled

WEDNESDAY, NOVEMBER 29, 2017

***Note:** The Douglas County Commission meets regularly on Wednesdays at 4:00 P.M. for administrative items and/or 6:00 P.M. for public items at the Douglas County Courthouse. Specific regular meeting dates that are not listed above have not been cancelled unless specifically noted on this schedule.*



Office of the County Commission

P R O C L A M A T I O N
EMPLOYEE APPRECIATION WEEK
OCTOBER 23-27, 2017

WHEREAS, the Board of County Commissioners of Douglas County, Kansas having met at a regular session on this the 18th day of October, 2017, would like to honor the employees of Douglas County for their dedication and service to the residents of Douglas County; and

WHEREAS, the employees of Douglas County are the County's "ambassadors" who provide important community services on a daily basis, 365 days a year, 24 hours a day, during both routine and emergency situations; and

WHEREAS, the County Commissioners recognize the employees of Douglas County as this County's most valuable assets; and

WHEREAS, the Personnel Advisory Committee is sponsoring an "Employee Appreciation Week" for all Douglas County employees on October 23-27, 2017. Each department will be celebrating our combined accomplishments as team members and may choose a day to schedule events as they see fit; and

WHEREAS, each department will receive a letter of acknowledgment for each employees years of service; and

WHEREAS, the Commission recognizes that Douglas County is fortunate to be blessed with such a fabulous team of outstanding, dedicated and customer service focused employees.

NOW, THEREFORE, the Board of County Commissioners of Douglas County, Kansas, proclaims the week of October 23-27, 2017 as Employee Appreciation Week, and honors the achievements of all Douglas County employees and urges all citizens to thank them for their efforts over the past year.

ADOPTED this 18th day of October, 2017.

*BOARD OF COUNTY COMMISSIONERS
OF DOUGLAS COUNTY, KANSAS*

Mike Gaughan, Chairman

Nancy Thellman

Michelle Derusseau

Peggy Carr Kittel, Chief Judge

Amy Hanley, Judge

Sally D. Pokorny, Judge

Barbara Kay Huff, Judge

James R. McCabria, Judge

Paula B. Martin, Judge

James T. George, Pro Tem Judge

DOUGLAS COUNTY DISTRICT COURT
Seventh Judicial District
Judicial Center, 111 E. 11th St., Unit #3
Lawrence, Kansas 66044-2966



Linda Koester-Vogelsang
Court Administrator, 785-832-5264

Douglas A. Hamilton
Clerk of the District Court, 785-832-5333

Michelle Roberts
Chief Court Services Officer, 785-832-5218

Deborah Wright
Community Corrections Director, 785-832-5342

Katy Nitcher
Court Trustee, 785-832-5315

Heather Krase-Minnick
Citizen Review Board Director, 785-832-5219

TO: County Commission
FROM: Deborah L. Wright, Director *DW*
SUBJECT: FY2018 Quarterly Budget Adjustment Report
DATE: October 10, 2017

Attached is the FY2018 KDOC Quarterly Budget Adjustment Report for the first quarter. Signatory Approval is required for all budget adjustments over \$5000.

Douglas County Community Corrections (DCCC) balanced with the county general ledger for the first quarter, July 1st – September 30th. As you may recall, DCCC was awarded \$450,352.85 in Community Corrections grant funds for FY2018, and \$12,465.80 of the award was budgeted for agency operations. I made budget adjustments moving this amount from agency operations to personnel in the grant budget. This was done in previous fiscal years as well, since all KDOC grant funding goes toward retaining personnel. Operation expenses are paid out of collected offender reimbursements.

Thank You!

Agency: DG
Period:

	*BUDGET ADJUSTMENTS			
Date Received	From Line # and Budget Category Title	To Line # and Budget Category Title	Amount	Grant Budget, Carryover Reimb., or Behavioral Health Award Worksheet?
	#17 Travel	#11 Personnel Salary (AISP)	\$2,200	Grant Budget
	#24 Training	#11 Personnel Salary (AISP)	\$1,100	Grant Budget
	#31 Communication	#11 Personnel Salary (AISP)	\$3,500	Grant Budget
	#38 Equipment	#11 Personnel Salary (AISP)	\$1,169	Grant Budget
	#45 Supplies/Commodities	#11 Personnel Salary (AISP)	\$1,500	Grant Budget
	#72 Contract Services	#11 Personnel Salary (AISP)	\$2,996.80	Grant Budget
		TOTAL:	\$ 12,465.80	

I certify that any budget adjustment listed above, has been approved by the Community Corrections Advisory Board.

Community Corrections Advisory Board Chair

10-10-17
Date

I certify that any budget adjustment listed above, has been approved by the County Commission.

County Commission Chair (Sponsoring County)

Date _____

*Explanation for adjustments is required

Douglas County Community Corrections did not receive adequate funding from KDOC to sustain current personnel. Therefore, a budget adjustment was completed moving allocated funding in agency operations (\$12465.80) to AISP Salaries.

MEMORANDUM

TO: Board of County Commissioners
Craig Weinaug, County Administrator

FROM: Pam Weigand, Youth Services Director

SUBJECT: Review and Approve 7th Judicial District FY2018 Reinvestment Grant Application and Review FY2018 Regional Collaboration Grant Information.

DATE: October 11, 2017

Local Reinvestment Grant: Our grant proposal for use of the local reinvestment funds has three components.

First, we want to partner with the Boys and Girls Club teen center to offer evening reporting/mentoring to youth who are supervised on an Immediate Intervention Program (IIP), or are assigned to Court Services Probation, or Juvenile Intensive Supervised Probation (JISP) who would benefit from opportunities for positive prosocial activities and mentoring. We are proposing that the Boys and Girls Club would reserve 20 slots for those youth. I have attached their program overview for your information. The Boys and Girls Club is very excited about this collaboration.

The second component is to implement a Strengthening Families Program (SFP) in our community. SFP is an evidence based parenting skills, children's social skills, and family life skills training program specifically designed for high risk families. The following link will provide you with additional information: <http://www.strengtheningfamiliesprogram.org/>. The grant would cover the cost of the training and training materials.

The third component is to send juvenile justice staff to NCTI Crossroads Certification Training. NCTI is evidenced based, juvenile curricula. The following link will provide you with additional information http://www.ncti.org/programs/crossroads_juvenile. The grant would cover the cost of training and travel to the training as well as the training materials for program participants.

Regional Collaboration Grant:

There was a meeting held in late July with juvenile community corrections agencies from north east Kansas. There was discussion about what could be done with the funds, however, it was difficult to come to consensus as each jurisdiction had different needs. It was decided to request funds for scholarships for juvenile offenders to complete technical/community college certification programs to obtain skills that will allow them to be paid living wages (welding, electrical, computers). A quick look at such programs offered at Johnson County Community College shows such programs lasting from 12 to 17 months and costing about \$5500 per program, the plan would allow for grant funds to be used at any community/technical college.

Each judicial district provided an estimate on the potential numbers of youth that might need/use such scholarships. It is unlikely any youth could complete such a program while still under supervision so we are requesting that KDOC allow us to offer the scholarship funds even after they are off supervision. The research tells us that people who are skilled in needed trades that pay living wages will be more successful in life. Johnson County is taking the lead on the application. We submitted a letter of support and have asked to have five (5) slots budgeted for Douglas County youth.

The Corrections Advisory Board met on October 10th. The majority of the board present approved the 7th Judicial District FY2018 Reinvestment Grant Application.

Thank you for your consideration.

**FY2018 Reinvestment Grant Application
Douglas County Youth Services
7th Judicial District**

INTRODUCTION

The Kansas Department of Corrections has allocated reinvestment funds to judicial districts across the State of Kansas to help implement evidence based practices for juvenile offenders and families. The Reinvestment Grant Allocation being made available to the Seventh Judicial District is \$98,348.00.

Douglas County Youth Services (DCYS) has given priority to the following needs in the community:

- Evidence based after school programming for at risk youth to improve school and community engagement and promote positive life choices.
- Evidence based family skills programming
- Cognitive based curricula that can be tailored to youth's needs and skill level

Three initiatives will be discussed in the grant application that outline how Douglas County intends to address these identified needs. Those initiatives are:

1. Positive Direction After School Mentoring Program – Boys & Girls Club
2. Family Skills Training - Strengthening Families Program
3. Youth Crossroads – National Curriculum and Training Institute

PROPOSAL NARRATIVE

Boys & Girls Club of Lawrence – Positive Direction Program

Since its inception as the Boys Club in Lawrence in 1972, Boys & Girls Club has been the premier youth-serving organization in Lawrence. In 1999, the former Executive Director, Janet Bremby took the reins of the organization and it has since grown by leaps and bounds, from a single building serving 50 students a day to a network of 15 sites serving 1,500 youth each day. Over the past 20 years, a very close partnership has developed between the Boys & Girls Club and the Lawrence Public School District enabling 14 elementary sites and 1 teen center to open in Lawrence.

The mission of the Boys & Girls Club of Lawrence is to enable all young people, especially those who need us most, to reach their full potential as productive, caring, responsible citizens. The Boys & Girls Club focuses on three priority outcome areas academic success, healthy lifestyles, good character and citizenship.

The Club utilizes evidence based programming curriculum created by Boys & Girls Club of America. BGCA offers tested, proven and nationally recognized programs in five Core Program Areas that closely align with the developmental needs of all young people:

- Character and Leadership Development
- Education and Career Development
- Health and Life Skills
- The Arts
- Sports, Fitness and Recreation

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BGCA programs are designed to encourage Club members to realize a wide variety of positive outcomes, a strategy for developing the “whole child.” The Boys & Girls Club of Lawrence follows the Formula for Impact – our roadmap for ensuring that young people have a positive, impactful Club Experience and, ultimately, achieve the important outcomes that lead them to great futures.

Douglas County Youth Services seeks \$21, 068.00 in Reinvestment Grant funds to partner with the Boys & Girls Club of Lawrence to implement the Positive Direction Program. The program will target juvenile offenders and youth being supervised on Conditions of Release and Immediate Intervention Programs.

The Positive Direction Program will operate at the Boys & Girls Club Teen Center after school and during the summer. The programming offered will focus on the areas of academic success, healthy lifestyles, good character and citizenship.

Douglas County Youth Services will serve as the fiscal agent for the program. The Boys & Girls Club will hire and train staff within 90 days of notification of funding approval. The Boys & Girls Club will collect data relevant to program goals and make those findings available to Douglas County Youth Services to monitor the effectiveness of the program. The Boys & Girls Club will submit quarterly expenditure reports to Douglas County Youth Services in accordance with KDOC policy.

Boys & Girls Club of Lawrence
1423 Haskell, Ave.
Lawrence, KS 66044
785-243-8781
Executive Director: Colby Wilson
Director of Teen Services: Amy Hill
Director of Grants: Hannah Odette

Strengthening Families Program (SFP)

Douglas County Youth Services seeks \$14,050.00 in Reinvestment Grant funds to contract with Cultivate, Inc. and Ahearn Green Associates, LLC to provide Group Leader Training in the Strengthening Families Program to approximately 35 community members. Group Leader Training will be provided to a wide cross section of the community to make quality, evidence-based parenting and family skills training available community-wide. Cultivate, Inc. will assist Douglas County Youth Services in establishing partnerships with the faith community and other stakeholders to ensure the long term sustainability of the program.

The following are included in the project proposal:

- Assist Douglas County Youth Services in establishing a collaborative environment for community based implementation of the Strengthening Families Program.
- Provide a 2 day Group Leader Certification class for up to 35 participants
- Curriculum Materials
- Fidelity Review

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Douglas County Youth Services and Cultivate, Inc. will begin the planning phase by meeting with community members and establishing partnerships upon notification of receipt of funding. A date for the 2 day Group Leader Training will be scheduled once the community partners are identified. The goal is to have the first class of families in SFP underway by the end of the first grant period. Because the curriculum takes 14 weeks for families to complete, it may not be realistic to expect the planning, training, and implementation phases of the project to be completed within a 6 month time frame.

Douglas County Youth Services will serve as the fiscal agent for the grant. Cultivate, Inc. and Group Leaders will collect data in relation to program goals and report that information to Douglas County Youth Services and Ahearn Greene Associates, LLC to monitor program fidelity. Douglas County Youth Services will submit quarterly reports to the Kansas Department of Corrections in accordance with KDOC policy.

Cultivate, Inc
1707 E. Cedar Street, Suite 103
Olathe, KS 66062
913-406-9241
Director: Lee Jost

Ahearn Greene Associates
3624 Queen Mary Drive
Olney, Maryland 20832
240-460-3931

National Curriculum & Training Institute (NCTI) – Youth Crossroads

Douglas County Youth Services seeks \$12,370 in Reinvestment Grant funds to certify 5 additional facilitators for the NCTI Youth Crossroads curricula. Youth Crossroads is a nationally recognized, evidence-based behavior change system. The curricula is offered in a variety of topics that allow the trainer to target the criminogenic needs, risk level, and age of the target population as well as life skills. Facilitator certification is completed over a 5 day training. Unfortunately, the Youth Crossroads Facilitator Training is not being offered in Kansas at any time in the near future. The funding request includes the cost of training and estimated travel expenses for staff attending. NCTI has not announced specific locations for trainings occurring in 2018.

Douglas County Youth Services will serve as the fiscal agent for the grant. Upon notification of funding approval, Douglas County Youth Services will identify staff members and/or community partners attending Youth Crossroads Facilitator Certification. The goal will be to have the certification process completed by February of 2018.

National Curriculum & Training Institute
319 East McDowell Road
Suite 200
Phoenix, Arizona 85004-1534
800-622-1644

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STATEMENT OF NEED

Boys & Girls Club of Lawrence – Positive Direction Program

One of the challenges for working parents is finding safe and affordable day care for their children. Once those children go to school, the financial burden eases somewhat and the focus turns to finding care before and after school. As kids age out of traditional day care, parents often have no choice but to leave their children unsupervised in the after school hours.

Research indicates that youth are most at risk for committing a crime between the hours of 3:00 and 6:00 PM. This is no doubt because youth are not in school and their parents are not yet home from work, leaving them largely unsupervised. It is critical that communities provide youth with opportunities for positive engagement during the after school and summer hours. Effective after school programs yield benefits for youth, families and the community as a whole. Research indicates that after school programs:

- Improve academic performance
- Improve classroom behavior
- Reduce drug use and criminal behavior
- Encourage physical activity and healthy habits
- Improve graduation rates
- Parents miss fewer days of work when their children have a safe place to go after school

Douglas County Youth Services seeks to partner with the Boys & Girls Club of Lawrence to develop the Positive Direction program for juvenile offenders and youth being supervised on Conditions of Release and Immediate Intervention Programs. The program would target juvenile offenders who demonstrate elevated risk in the domain of Leisure/Recreation on the Youth Level of Service/Case Management Inventory (YLS/CMI). Youth participating in Immediate Intervention Programs (IIP) would be identified based on information obtained from the youth and parents during the IIP intake. Youth in Positive Directions will not be charged a fee for participation. Upon completion of their supervision period, they will have the option of transferring to the regular Boys & Girls Club program. The fee schedule for the regular teen program is as follows:

- School year membership \$25
- Spring break program \$25
- Summer program \$25

The Positive Direction Program would provide a part time social worker assigned to the youth participating in the program. The Boys & Girls Club will also provide their support staff with additional training in working with participating youth. The Positive Direction Program would serve 20 youth in the first year of the grant and will operate after school until 7:00 PM and during the summer. Busses run

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daily from the middle schools and high schools to pick up participants and transport them to the Teen Center. Parents are responsible for picking their children up at the Teen Center.

The Boys & Girls Club of Lawrence recently broke ground for a new Teen Center that is expected to be completed by the fall of 2018. The new Teen Center will enable the Boys & Girls Club provide services to additional youth.

References:

Youth Topics/Afterschool Programs/Benefits for Youth, Families and Communities. Retrieved from: <https://youth.gov/youth-topics/afterschool-programs/benefits-youth-families-and-communities>

The Boys & Girls Club offers the following nationally recognized programming for youth participating in Positive Directions:

Power Hour

Academic success programs consist primarily of Power Hour and tutoring. Power Hour is a BGC targeted program, held Monday through Thursday for 30-45 minutes. The program will provide a staff member to assist in the homework classroom. Students without homework will partake in activities that build master skills and align with the school-day curriculum. Some of the activities will focus on literacy, instruments, poetry, documentaries, and more.

Tutoring will be offered to every student in the program with emphasis given to identified students by the staff, teachers and principals. Program staff will receive comprehensive training on state standards and will be educated on how to guide students through mastering reading and math skills. Staff will obtain a release of information from the parents and check student's grades and attendance on a regular basis to address concerns in a timely manner.

References:

Cosden, M., Morrison, G., Albanese, A. L., & Macias, S. (2001). When homework is not home work: After-school programs for homework assistance. *Educational Psychologist*, 36, 211-221.

DuBois, D. L., Holloway, B. E., Valentine, J. C., & Cooper, H. (2002). Effectiveness of mentoring programs for youth: A meta-analytic review. *American Journal of Community Psychology*, 30, 157-197.

BGCA's Literature Review:

https://www.bgca.net/Programs/ProgramDocuments/Power_Hour_Literature_Review.pdf

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STEM

Driven by a part-time staff to plan, coordinate and implement STEM activities, utilizing the STEMfinity curriculum. BGC coordinated a pilot program in 2014-15 at two sites, resulting in huge success. The members in the program were able to increase their STEM knowledge by 75%. The members at the program will be able to participate in weekly STEM activities, one time per week with 15-20 kids interested in STEM.

References:

The Condition of STEM 2015, Zins, Joseph E., et al. "The scientific base linking social and emotional learning to school success."--from 21st CCLC Application

Sahin, Alpaslan, Mehmet C. Ayar, and Tufan Adiguzel. "STEM Related After-School Program Activities and Associated Outcomes on Student Learning." *Educational Sciences: Theory and Practice* 14.1 (2014): 309-322.

<http://stemreadyamerica.org/wp-content/uploads/2017/02/AfterschoolSTEMEvaluation Overview Final.pdf>

Triple Play

Triple Play, BGCA's comprehensive health and wellness initiative, strives to improve the overall health of members, ages 6-18, by increasing their daily physical activity, teaching them good nutrition and helping them develop healthy relationships. Since the Triple Play initiative was introduced in 2005, more than one million Club members have participated in fun fitness activities. The Triple Play initiative, sponsored by The Coca-Cola Company and The Anthem Foundation, nurtures the minds, bodies and souls of Club members.

BGCA Study on Impact of Triple Play:

https://www.bgca.net/Programs/ProgramDocuments/Triple_Play_Evaluation_Summary.pdf

SMARTMoves

The SMART (Skills Mastery and Resistance Training) Moves program is a nationally acclaimed prevention program originally developed in the 1980s with help from prevention specialists and Clubs around the country. Newly revised in 2011, the program incorporates the latest information and approaches that BGCA has learned about effective prevention. Participants will be exposed to various activities designed to hone their decision-making and critical-thinking skills, as well as learn how to avoid and/or resist alcohol, tobacco, other drugs and premature sexual activity.

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References:

“Making Every Day Count: Boys & Girls Clubs’ Role in Promoting Positive Outcomes for Teens.”

Public/Private Ventures, 2009.

SMARTGirls

SMART Girls is a small-group health, fitness, prevention/education and self-esteem enhancement program designed to meet the developmental needs of girls in three age groups. Through dynamic sessions, highly participatory activities, field trips and mentoring opportunities with adult women, Club girls explore their own and societal attitudes and values as they build skills for eating right, staying physically fit, getting good healthcare and developing positive relationships with peers and adults.

References:

The Drama Years: Real Girls Talk about Surviving Middle School – Bullies, Brands, Body Image, and More (pp. 33–34).

Kilpatrick, H., with Joiner, W. (2012). Staying True to Her

Passport to Manhood

Passport to Manhood promotes and teaches responsibility in Club boys ages 8-17. Passport to Manhood consists of 14 sessions, each of which concentrates on a specific aspect of manhood through highly interactive activities. Each Club participant receives his own “passport” to underscore the notion that he is on a personal journey of maturation and growth. Passport to Manhood represents a targeted effort to engage young men in discussions activities that reinforce positive behavior.

References:

Learning the Hard Way: Masculinity, Place, and the Gender Gap in Education (book) Edward W. Morris (Rutgers University Press, 2012)

American Medical Association Boys’ Guide to Becoming a Teen (book) American Medical Association/Kate Gruenwald Pfeifer (Jossey-Bass, 2006) Building Everyday Leadership in Teens:

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Promoting Attitudes and Actions for Respect and Success (book) Mariam G. MacGregor (Free Spirit Publishing, 2006)

Keystone

Keystoning is the Boys & Girls Club Movement's most dynamic teen program. It affords teens an opportunity to gain valuable leadership and service experience. They conduct activities in three areas: academic success, career exploration and community service. Aaron's Inc. sponsors the Keystone Club program as part of a multi-year teen initiative; a strategic partnership between Aaron's Inc. and BGCA provides Clubs with the tools and resources to create a positive place for teens as well as for kids.

References:

Moore, C.W., & Allen, J.P. "The effects of volunteering on the young volunteer," The Journal of Primary Prevention, 17 (2), 231-258 (1996).

Zaff, J., & Michelsen, E., Encouraging Civic Engagement: How Teens Are (or Are Not) Becoming Responsible Citizens (Research Brief). Washington D.C.: Child Trends (October 2002). Available online: <http://www.childtrends.org/files/K6Brief.pdf>

Torch Club

Torch Clubs are chartered small-group leadership and service clubs for boys and girls ages 11-13. A Torch Club is a powerful vehicle through which Club staff can help meet the special character development needs of younger adolescents at a critical stage in their development. Torch Club members learn to elect officers and work together to implement activities in four areas: service to Club and community, education, health and fitness and social recreation. The Torch Club Awards are presented annually to Torch Clubs with outstanding programs and activities in the four areas. Each year, Torch Club members from all over the country take part in a service-learning experience through the National Torch Club Project.

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References

Moorfoot, Nicholas, et al. "The longitudinal effects of adolescent volunteering on secondary school completion and adult volunteering." *International journal of developmental science* 9.3, 4 (2015): 115-123.

Newman, Sanford A., et al. "America's After-School Choice: The Prime Time for Juvenile Crime, or Youth Enrichment and Achievement." (2000).

Youth of the Year

Since 1947, Youth of the Year has been Boys & Girls Clubs of America's premier recognition program, celebrating the extraordinary achievements of Club members. Each year, one exceptional young person from a Boys & Girls Club rises to the role of National Youth of the Year. The National Youth of the Year serves as both an exemplary ambassador for Boys & Girls Club youth and as a strong voice for all of our nation's young people.

References:

Ockenden, Nick, and Joanna Stuart. "Review of evidence on the outcomes of youth volunteering, social action and leadership." *Institute for Volunteering Research* (2014).

Lyricism 101

Lyricism 101 is a new program that intentionally includes proven youth development practices and creative activities that build and expand the literary skills of our teens, while exposing them to the art of hip hop, particularly cipher culture. It is broken down into nine 90-minute sessions, each of which can be delivered as a complete workshop or stand-alone lesson. Club professionals are encouraged to be creative and interweave their own content and connections into the activities.

References:

All Roads Lead to Hip-Hop in the Evolution of African American Music.
(2007, November). National Geographic, 211(4), 108-108

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Enrichment Programming

Gardening Club, Photography Club, Cooking Club, Movie Making Club, Sports Club, Flag Football, etc.

Strengthening Families Program

Parenting is a challenging undertaking in the best of circumstances. Ask any parent and they will tell you they love their children and want what is best for them. Unfortunately, children don't come with an instruction manual. People tend to form families and parent their children based on their own history and experiences. Without additional support and resources, the dysfunction of a parent's own childhood is repeated in the next generation.

The foundation of any healthy, thriving community lies in the strength of its families. That foundation is only as strong as its weakest component. When we come together to nurture and support our families who are struggling, we improve the lives of our children and strengthen the community as a whole. In an effort to identify the scope of the issue, Douglas County Youth Services looked at a number of factors that would potentially place families and children at risk:

- According to the Department for Children and Families (DCF) Prevention and Protection Services Division, 1,255 events were referred for investigation in Douglas County between August 1, 2016 and July 31, 2017.
- 14.9% of children in Douglas County under the age of 18 live at or near the poverty level
- 33% of single female parent households live at or below the poverty level
- Douglas County ranks 17th among Kansas counties in the rates of divorce
- Douglas County ranks 47th among Kansas counties in numbers of single parent households
- There are 11,877 family households in Douglas County
- Over one-third (35.2%) of students in public schools receive free/reduced meals. The percentage ranges from a low of 10% in some schools to almost 80% in others.
- Adverse childhood experiences (ACEs) have a negative impact on the health and well-being of individuals across the life span. Adults in Douglas County reported the following ACEs:
 - 14.8% of adults were slapped, kicked, punched or beat up once or more during their childhood
 - 8.8% of adults were touched sexually by an adult or someone at least 5 years older as children
 - 24.1% of adults lived with someone who was depressed, mentally ill or suicidal as children
 - 20.6% of adults lived with someone who was a problem drinker or alcoholic during their childhood
 - 12.1% of adults lived with someone who used illegal drugs or abused prescription medication as children
- 23.2% of adults in Douglas County reported having been diagnosed with a depressive disorder at some point in their lives

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The Strengthening Families Program (SFP) is an evidence-based parenting and family strengthening program for high risk and general population families. SFP consists of parenting skills, children's life skills and family skills training courses presented in 14 two hour group sessions. The sessions begin with a meal that includes informal family time as well as group leader coaching. The Strengthening Families Program focuses on building and enhancing 5 core protective factors:

Parental Resilience

While being a parent can be an incredibly rewarding experience, it is not without its difficulties. Parenting stress is caused by pressures parents experience personally and in relation to their children. These pressures can range from life's every day frustrations to more serious problems. When parents are unable to manage the stressors they experience, it can have a negative effect on the functioning of the family unit and the healthy development of the children.

Resilience is the ability to "bounce back" from life's challenges and adversity. Research indicates that how parents respond to stressful events is much more significant than the event itself. Parents who are resilient are more likely to achieve healthy outcomes for themselves as well as their children. Additionally, children learn to develop resilience by seeing it modeled in their parents.

Social Connections

As human beings, we are social creatures; we need to form connections with others for our own mental health and well-being. Parents are no different. They need to feel that others care for them and their children. These connections can come in the form of extended family, community members, co-workers or service providers. In some family systems, the support and direction from extended family may be non-existent or even a source of greater stress. Research shows that constructive social connections help parents to feel a greater degree of personal well-being and are more responsive and nurturing to their children.

Concrete Supports

Every parent needs help at some point in time. Sometimes they need help with the day to day issues of parenting. At other times, parents may face overwhelming obstacles; substance abuse, mental health issues, or the inability to provide for their children's basic needs. Asking for help is often very difficult. For some parents, it is a matter of shame, as they feel they are admitting they are failing as a parent. For others, asking for help increases their stress because of the fear of being judged. Some parents simply have no idea where to turn for help.

Educating parents about how to identify their needs, where to seek assistance and how to navigate various service systems helps to give parents the tools they need to be secure in the knowledge they can provide for their families in times of stress. Services should identify and build upon the strengths of the family and make parents an active participant in meeting the needs of the family.

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Knowledge of Parenting and Child Development

No parent inherently knows everything about children. For many parents, there are times it feels like a process of trial and error; we do the best we can based on what we know and hope we did the right thing. Unfortunately, that sometimes means that parents carry over the mistakes made in their childhood to the next generation. An understanding of effective parenting practices and knowledge of child development helps parents to know how to meet their child's needs at every developmental phase.

Social and Emotional Competence of Children

Early childhood forms the foundation that our adult lives are built upon. Children's experiences, both positive and negative, affect how they view the world and their place in it. In the past, a great deal of focus was placed on building academic skills to prepare young children for school. Newer research indicates a correlation between social-emotional competence and cognitive development, language skills, mental health and school success. When we foster the social and emotional competence of our children, we lay the foundation for their future success.

Douglas County Youth Services will contract with Cultivate, Inc. to partner with family service agencies and the local faith community to establish a community-wide, Strengthening Families Program in Douglas County.

Cultivate, Inc. is an education-based 501c3 founded by Lee Jost. Cultivate's mission is to interrupt cycles of risk in individuals and families through life skills training, job skills training and introducing prosocial community relationships into the lives of at risk individuals and families. As a consultant, Lee Jost has helped to establish numerous community collaborative Strengthening Families Programs across the Greater Kansas City area. Consulting services for the Douglas County SFP project will include:

- Along with Douglas County Youth Services staff, establish a list of basic needs that will provide the best opportunity for long term sustainability
- Determine current community assets that can be invited to participate
- Create simple invite and onramps for engagement from community members
- Engage community members in small gatherings to cast vision for collaborative work
- Convene larger stakeholder meetings including county personnel, and community partners for vision and planning purposes
- Assist in drafting a clear roadmap for collaborative partnership including MOU's between community and agencies if needed
- Establish budget for sustainability
- Work with stakeholders to establish a timeline
- Provide planning for facilitator training
- Work with stakeholders to fill a training for program implementation

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- On Site program visits and problem solving with implementation team
- Post cycle evaluation with implementation team to evaluate sustainability and set goals for the next cycle

References

State of the Family; Kansas Child and Family Wellbeing Indicators 2014 Report. Retrieved from: <http://www.dcf.ks.gov/Agency/FBCI/Documents/KCLE/2014%20State%20of%20the%20Family%20Report.pdf>

Center for the Study of Social Policy's Strengthening Families; A Protective Factors Network. Retrieved from: <https://www.cssp.org/reform/strengthening-families/basic-one-pagers/Strengthening-Families-Protective-Factors.pdf>

2017 Douglas County Health Assessment. Retrieved from: <http://ldchealth.org/DocumentCenter/View/1935>

Strengthening Families Program. Retrieved from: <http://www.strengtheningfamiliesprogram.org/>

Strengthening Families Through Early Care and Education. Center for the Study of Social Policy. Retrieved from: <https://www.cssp.org/reform/strengthening-families/resources/body/LiteratureReview.pdf>

National Curriculum and Training Institute – Youth Crossroads

For many years, the juvenile justice system has relied on punitive practices to hold youth accountable for their behavior. Behavioral science studies clearly demonstrate that punishment is not an effective tool for creating lasting behavior change. Youth may change their behavior over the short term to avoid the punishing agent, but tend to revert back to their old patterns of behavior as soon as the perceived threat of punishment is passed. In order to effect lasting behavior change, it is necessary to provide juvenile offenders with the tools to learn to control their own behavior.

Cognitive Behavioral Interventions have been shown to be quite successful in reducing recidivism among both adult and juvenile offenders. Cognitive Behavioral Interventions are based on the premise that there is a direct correlation between thoughts and behaviors. Cognitive Behavioral Interventions teach offenders to identify their own faulty thinking patterns in order to make better behavioral choices.

Youth Crossroads is an evidence-based program offered through the National Curriculum and Training Institute (NCTI) that has proven to be very successful with the juvenile offender population. NCTI's curricula is accredited by the American Probation and Parole Association (APPA). NCTI offers a

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comprehensive collection of evidence-based curricula. Youth Crossroads offers curricula in a wide variety of topics that target the criminogenic needs of youthful offenders. Instead of a “one size fits all” approach, the Youth Crossroads curricula is available in different “dosages” to enable the facilitator to tailor the intervention to the target population.

The topics covered in the Youth Crossroads curricula include:

- Anger Management
- Cognitive Life Skills
- Curfew
- Drugs and Alcohol
- Gang Involvement
- Graffiti
- High Risk Offenders
- Misdemeanor Offenses
- Shoplifting
- Traffic Safety
- Truancy
- Specialty Programs

Douglas County Youth Services (DCYS) currently has one staff member who was trained as a facilitator for Youth Crossroads in April of 2017. DCYS has been making contacts with other community agencies to partner to offer evidence based programming to a wider range of youth in the community with interventions targeted to their specific criminogenic needs. DCYS is currently operating a pilot group presenting the Youth Crossroads Truancy curriculum to Day School students who were referred by the court for truancy. The group began on September 1, 2017 and meets once a week for 2 hours per session. DCYS is collaborating with the K.U. Truancy Diversion Program and The Shelter, Inc. to expand the Youth Crossroads Truancy curriculum to include all middle and high school students who have an open truancy case. During the 2016-2017 school year, 39 middle school youth participated in the KU Truancy Diversion Program. 72 high school youth participated in the truancy program offered through The Shelter, Inc. In order to expand capacity to serve that number of youth, it will be necessary to train additional facilitators. DCYS would also like to expand curriculum offerings to other subjects based on the needs of the youth being supervised.

To meet its goal of increasing capacity for the Youth Crossroads Program, DCYS seeks funding to train additional facilitators. Optimally, NCTI strongly recommends having two facilitators present for each session. DCYS will partner with Court Services, The Shelter, Inc. and other agencies working with the juvenile offenders in our community to identify other professionals in the community who are interested in attending facilitator training.

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References

NCTI Youth Crossroads. Received from: http://www.ncti.org/programs/crossroads_juvenile

ADMINISTRATION

Applicant Agency

Douglas County Youth Services
330 NE Industrial Lane
Lawrence, KS 66044
785-331-1300
Pam Weigand – Director

Contracting Agencies

Positive Directions

Boys & Girls Club of Lawrence
1423 Haskell, Ave.
Lawrence, KS 66044
785-243-8781
Executive Director: Colby Wilson
Director of Teen Services: Amy Hill
Director of Grants: Hannah Odette

Strengthening Families Program – Group Leader Training

Cultivate, Inc
1707 E. Cedar Street, Suite 103
Olathe, KS 66062
913-406-9241
Director: Lee Jost

Strengthening Families Program – Fidelity Review

Ahearn Greene Associates
3624 Queen Mary Drive
Olney, Maryland 20832
240-460-3931

National Curriculum Training Institute – Youth Crossroads Facilitator Training

319 East McDowell Road
Suite 200
Phoenix, Arizona 85004-1534
800-622-1644

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SUSTAINABILITY

Positive Direction

Over time, Boys & Girls Club of Lawrence has evolved and is shaped by participant feedback, evaluation outcomes, and best practices in the field. Boys & Girls Club has long maintained a rigorous schedule of meeting performance measures and tracking extensive data- behavior outcomes, attendance of individual children, education outcomes, demographic information and other key data to measure our success or need for improvements. The support of the requested funds would enable further development of evidence-based mentoring programs with proven outcomes.

The Boys & Girls Club of Lawrence mission includes the development of sustainability strategies in support of ongoing out of school programming for all Lawrence youth, especially those at risk. Boys & Girls Club board of directors and staff are committed to providing all Club members with a well-rounded experience. The board of directors and the Club resource development staff will work together to identify resources that will sustain the proposed program. The sustainability effort is a three-pronged approach including; grants (federal, state and local), fundraising and fees for service. The three-pronged approach has proven to be very successful as Boys & Girls Club leverage many local sources to secure funding. In the last 10 years, BGC staff and board of directors has been successful in increasing local city funds from \$5,000 to \$215,000. United Way dollars have increased from \$70,000 to \$150,000 and other local, state and federal funding streams have improved to over \$840,000. The Boys & Girls Club has increased fundraising and contributions from just \$25,000 to \$250,000 over the last several years. Parent fees also help to support the program. Fees will be income based with scholarships available so that no student who needs the program is turned away. The BGC staff in partnership with the board is responsible for the ongoing fundraising activities throughout Lawrence that contributes to these efforts.

The Boys & Girls Club of Lawrence current budget is 3.1 million dollars. The grant would represent 1% of their current budget. The current administrative team includes a Director of Grants who is responsible for grant management and fiscal oversight. The Director of Grants will meet with JDC staff to ensure compliance with all grant requirements. The Director of Grants will be responsible for maintaining the financial accountability, evaluations and reports. Boys & Girls Club of Lawrence also has a wealth of experience managing federal and state funding. The Club has effectively managed state AmeriCorps funding since 2010 and KSDE 21st Century Community Learning Center funding since 2009. This track record is evidence that the Club staff and board work diligently to ensure funding streams are consistent for the continuation of impactful programming in the areas of academic success, healthy lifestyles and good character and citizenship.

Strengthening Families Program

Douglas County Youth Services will partner with Cultivate, Inc. identify, recruit and train community partners for the SFP project. The vision of the project is to create a true community-wide collaborative focused on supporting the at-risk families of Douglas County. It would not be cost-effective or sustainable over the long term to only focus on training group leaders working with the juvenile

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offender population. By training a larger number of group leaders and creating a broad base of community collaboration, we will be able to make the Strengthening Families Program available in Douglas County long after the grant funding has expired.

Douglas County Youth Services will contract with Ahearn Green Associates, LLC to conduct a fidelity evaluation of the Douglas County Strengthening Families Project. After each training cycle, Ahearn Greene Associates will submit a SFP Site Information Survey to systematically collect fidelity data. Evaluation data findings will include all training cycles conducted during the grant period. Quality measures include the following five SFP fidelity domains:

- Environmental Context
- Population
- Program Quality
- Staffing
- Curriculum Fidelity

Additional measures include:

- Client Characteristics
- Capacity Achievement
- Retention
- Completion Rates

Parents will complete a Satisfaction Survey upon completion of the program. Group leaders will electronically submit Group Leader Session Fidelity Checklists to report adherence, quality, responsiveness and dosage within 48 hours of each session. Ahearn Greene Associates will provide the Douglas County Strengthening Families Program with a year-end report that will include to-date fidelity evaluation findings with interpretation based on established evidence-based practice and recommendations for future efforts. Reports will be submitted within 60 days of receipt of all data.

National Curriculum Training Institute (NCTI) – Youth Crossroads

Douglas County Youth Services currently has one Juvenile Services Officer trained as a Youth Crossroads facilitator. She currently conducts a truancy group once per week for 2 hours per session in addition to her other job duties. DCYS believes that providing the Youth Crossroads Truancy curriculum to all middle and high school students referred for truancy would be a significant enhancement to the services already being provided. In order to meet the goal of expanding capacity to meet that goal, it will be critical to train additional facilitators.

The addition of more facilitators will ensure the sustainability of the program over the long term and allow DCYS to expand its course offerings to meet the criminogenic needs of the youth we serve.

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OUTCOMES AND EVALUATION

Positive Direction

KDOC Outcome Positive Direction	Measure
100 % of youth participating in Positive Direction will be living at home at the completion of program.	Measured based on parent report
90% of youth participating in Positive Direction will be living at home 1 year after completion of the program	Boys & Girls Club will send a survey to families and youth one year after completion of the program
90% of youth participating in Positive Direction will be in school and/or working at the completion of the program.	School records, parent report, pay stubs
90% of youth participating in Positive Direction will be in school and/or working 1 year after completion of the program	Boys & Girls Club will send a survey to families and youth one year after completion of the program
80% of youth participating in Positive Direction will have no new arrests at the completion of the program.	Court records, booking reports, Juvenile Intake and Assessment
80% of youth participating in Positive Direction will have no new arrests 1 year after completion of the program.	Court records, booking reports, Juvenile Intake and Assessment, parent survey
80% of youth participating in Positive Direction will successfully complete the program	Boys & Girls Club Report

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The chart below indicates the additional performance targets and activities that the Boys & Girls Club of Lawrence will use to achieve program goals for this grant.

Performance Target	Activities to assist students
20 students in the Positive Direction program will participate in programming at Boys & Girls Club during the 2017-2018 school year	Power Hour (homework, tutoring & kits) One-on-one tutoring w/student teachers & para's Variety of enrichment activities including art, dance, drama, music, social studies, science, character education and social skills, community service activities provided by partners Staff will attend trainings on engaging activities
90% of the students enrolled in the program will participate in ongoing academic enrichment programming during the 2017-2018 school year	Power Hour (homework, tutoring & kits) One-on-one tutoring w/student teachers & para's Collaboration between teachers and staff Curriculum driven activity planning Staff will attend training on state standards
90% of the students enrolled in the program will participate in activities integrating educational activities with: real-life problem solving, arts education, career exploration, recreation, cultural opportunities and activities, & service learning	Variety of enrichment activities including art, dance, drama, music, social studies, science, character education and social skills, community service activities provided by partners Staff will attend trainings on engaging activities

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Performance Target	Activities to assist students
75% of the students enrolled in the program will maintain high academic achievement &/or demonstrate continuous improvement in their math & reading grades	Power Hour (homework, tutoring & kits) One-on-one tutoring w/student teachers & para's Collaboration between teachers and staff Curriculum driven activity planning Training on state standards
75% of the students enrolled in the program will maintain high academic achievement &/or demonstrate continuous improvement in their math & reading results of the KS State Assessments.	Power Hour (homework, tutoring & kits) One-on-one tutoring w/student teachers & para's Collaboration between teachers and staff Curriculum driven activity planning Training on state standards

Douglas County Strengthening Families Program

KDOC Outcome Strengthening Families Program	Measure
100 % of youth participating in SFP will be living at home at the completion of program.	Measured based on parent report
90% of youth participating in SFP will be living at home 1 year after completion of the program	DCYS will send a survey to families one year after completion of the program
90% of youth participating in SFP will be in school and/or working at the completion of the program.	School records, parent report, pay stubs
90% of youth participating in SFP will be in school and/or working 1 year after completion of the program	DCYS will send a survey to families one year after completion of the program
80% of youth participating in SFP will have no new arrests at the completion of the program.	Court records, booking reports, Juvenile Intake and Assessment
80% of youth participating in SFP will have no new arrests 1 year after completion of the program.	Court records, booking reports, Juvenile Intake and Assessment, parent survey
80% of youth participating in SFP will successfully complete the program	Fidelity Report

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Additional Outcomes:

Strengthening Families Program Additional Outcomes	Measure
DCYS and/or Cultivate, Inc. will host a minimum of 6 meetings to educate and recruit community stakeholders to participate in the Strengthening Families Program within 90 day of notification of funding approval.	Meeting records
DCYS will host a 2 day training to certify up to 35 group leaders for the Strengthening Families Program.	Training records
Group leader training for the Strengthening Families Program will be completed by April or May of 2018.	Training records
DCYS will work with Cultivate, Inc. and Ahearn Greene Associates to ensure the group leader training for the Strengthening Families Program is carried out with fidelity.	Training records, fidelity report
DCYS will develop a steering committee of key stakeholders to develop the referral process and plan SFP groups for the coming year.	Meeting records
DCYS will receive referrals for the Strengthening Families Program beginning in June of 2018.	Meeting and referral records
DCYS will launch the first Strengthening Families group in August of 2018.	Training records

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NCTI – Youth Crossroads

KDOC Outcome NCTI Youth Crossroads	Measure
100 % of youth participating in Youth Crossroads will be living at home at the completion of program.	Measured based supervision records and parent report
90% of youth participating in Youth Crossroads will be living at home 1 year after completion of the program	DCYS will send a survey to families one year after completion of the program
90% of youth participating in Youth Crossroads will be in school and/or working at the completion of the program.	School records, parent report, pay stubs
90% of youth participating in Youth Crossroads will be in school and/or working 1 year after completion of the program	DCYS will send a survey to families one year after completion of the program
80% of youth participating in Youth Crossroads will have no new arrests at the completion of the program.	Court records, booking reports, Juvenile Intake and Assessment
80% of youth participating in Youth Crossroads will have no new arrests 1 year after completion of the program.	Court records, booking reports, Juvenile Intake and Assessment, parent survey
80% of youth participating in Youth Crossroads will successfully complete the program	Training records

Additional Outcomes:

NCTI Youth Crossroads Additional Outcomes	Measure
DCYS will send up to 4 staff and/or community partners to the NCTI Youth Crossroads Training.	Training records
50 youth who were referred by the court for truancy will have participated in the Youth Crossroads Truancy curriculum by June 30, 2018.	Training records
75% of the youth participating in the program will successfully complete the curriculum.	Training records
75% of youth who successfully complete the Youth Crossroads Truancy curriculum will demonstrate a 50% reduction in unexcused absences from school.	Training and school attendance records
75% of youth who successfully complete the Youth Crossroads Truancy program will demonstrate an increase in knowledge regarding the importance of an education and the resources available to them.	Pre and Post test results.