



LITTLE MIRACLES, IT'S WHAT WE DO

- Strong, loving families are the foundation on which our future is built
- ❖ Parent Project is designed to tackle the hardest challenges facing our **youth**: drugs, youth violence, depression, social media, etc.
- ❖ Parent Project is uniquely equipped to tackle exactly the problems and obstacles **parents** face today: from iPhone/social media addiction and ADHD to Snapchat-bullying and sexual predators
- Learn how to:
 - Never argue with your children again
 - Prevent or intervene in alcohol and drug use
 - o Improve school attendance and performance
 - Establish expectations in the home and what to do if your child breaks those expectations
 - Develop action plans to address your child's destructive behavior
 - And so much more!

The Parent Project is a 10 week in-person class that gives parents, grandparents, and caregivers real tools to guide their strong-willed teens (ages 10 and above) and build healthy families.

Classes are held every **Tuesday**, from **5:30-7:00 PM**, starting on **February 4, 2025**The class meets: February 4, 11, 18, 25, March 4, 11, 25, and April 1, 8, 15. (No class March 18)

Location: 1006 New Hampshire, Lawrence, KS. 66044

*Nearby parking available in the New Hampshire Parking Garage. ***Bus services are free in all of 2025!***

CLASSES ARE 100% FREE!

To Sign up or ask questions, please contact <u>parentproject@dgcoks.gov</u> or call 785-331-1300 Sponsored by Douglas County CJS – Juvenile Services

