

2023 Select EX Step Therapy Enhancement Program (S.T.E.P)

The goal of Elixir's Step Therapy Enhanced Program (S.T.E.P.) is to direct members to lower-cost alternatives, which demonstrate similar safety and effectiveness when compared to higher-cost drugs used to treat given medical conditions. Step therapy categories are designed to save plans and members money for each step-two to step-one conversion. Modifications are made to the program as generic drugs become available and/or the costs of drugs change. The list is not all-inclusive and does not guarantee coverage. For specific questions about your coverage, please visit elixirsolutions.com.

STEP THERAPY CATEGORY	STEP-ONE MEDICATIONS	STEP-TWO MEDICATIONS
Acne - Oral antibiotics	doxycycline hyclate (Vibramycin), doxycycline monohydrate (Adoxa), minocycline IR	doxycycline (Targadox*), doxycycline ER, minocycline ER (Solodyn*)
Antiglaucoma - Rho Kinase Inhibitors	bimatoprost, latanoprost, travoprost	Rhopressa, Rocklatan
Antigout	allopurinol	febuxostat*
Blood Pressure - Angiotensin Receptor Blockers	candesartan, irbesartan, irbesartan/HCTZ, losartan, losartan/HCTZ, olmesartan, olmesartan/HCTZ, telmisartan, valsartan, valsartan/HCTZ	candesartan/HCTZ*, telmisartan/HCTZ*
Diabetes - Continuous Glucose Monitors (CGM)	Afrezza, rapid acting insulin, regular insulin	Dexcom G5/G6, FreeStyle Libre
Diabetes - Insulin Combination	Insulin or metformin containing products	Soliqua, Xultophy
Insomnia	generic nonbenzodiazepine hypnotic agents	Ambien, Belsomra, Dayvigo, Edular, Intermezzo, Lunesta, Quviviq, Rozerem, Zolpimist
Migraine - Triptans	naratriptan, rizatriptan, oral sumatriptan, oral zolmitriptan	almotriptan*, eletriptan*, frovatriptan*, Imitrex, Maxalt*, Onzentra, sumatriptan nasal, Zomig, zolmitriptan nasal*
Muscle Relaxants	Baclofen, carisoprodol 350 mg, chlorzoxazone, cyclobenzaprine 5 mg and 10 mg (Flexeril), methocarbamol, orphenadrine, tizanidine	carisoprodol 250 mg, cyclobenzaprine 7.5 mg*, matakalone*
Nasal Steroids	budesonide (Rhinocort AQ), flunisolide (Nasalar), fluticasone propionate (Flonase)	Beconase AQ, mometasone*, Omnaris
Osteoporosis - Bisphosphonates	alendronate, ibandronate	risedronate

KEY: ER = Extended Release • IR = Immediate Release • SR = Sustained Release • * Both brand and generic products

Note: This list is subject to change. Effective January 1, 2023. Last clinical update 7/1/23.

As your pharmacy benefit manager, Elixir is here to help!
For more information, visit us at elixirsolutions.com.

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